

# ApportAL<sup>®</sup> VITAL



**Food supplement of Vitamins Minerals, Amino Acids,  
Royal Jelly, Coenzyme Q10 with fructose**

**14 Sachets- Net Weight 105g e**

**Ingredients:** Fructose (51,8%), maltodextrin, L-arginine, acidifier: citric acid; honey powder, L-carnitine tartrate, Ultramag<sup>®</sup> - Sucrosomial<sup>®</sup> Magnesium (magnesium oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), royal jelly lyophilized, flavours, Sideral<sup>®</sup> r.m – Sucrosomial<sup>®</sup> Iron (ferric pyrophosphate, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), vitamin C (L-ascorbic acid), anti-caking agents: tricalcium phosphate, silicon dioxide; vitamin E (DL-alpha-tocopheryl acetate), eleutherococcus (Eleutherococcus senticosus (Rupr. et Maxim) Maxim) root dry extract, vitamin PP (nicotinamide), vitamin D3 (cholecalciferol), coenzyme Q10, pantothenic acid (calcium D-pantothenate), Ultrazin<sup>®</sup> - Sucrosomial Zinc<sup>®</sup> (zinc oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), Ultrasel<sup>®</sup> - Sucrosomial<sup>®</sup> Selenium (pregelatinized rice starch, sucrose esters of fatty acids, sodium selenite, sunflower lecithin, tricalcium phosphate, rice flour), tocotrienols, colouring agent: beta-carotene; Ultraiod<sup>®</sup> - Sucrosomial<sup>®</sup> Iodine (pregelatinized rice starch, sucrose esters of fatty acids, sodium iodate, sunflower lecithin, tricalcium phosphate, rice flour), vitamin B12 (cyanocobalamin), vitamin B1 (thiamine hydrochloride), vitamin H (D-biotin). **Gluten Free. Lactose Free.**

**Storage and Warnings:** Store the product at room temperature in a cool dry place (Not exceeding 25°C). Avoid exposure to heat sources, sunlight and water. The expiry date refers to the product correctly stored, in intact packaging. Keep out of the reach and sight of children under 3 years of age. Food supplements are not intended as a substitute for a varied, balanced diet and healthy lifestyle. Do not exceed the recommended daily dose.

**IRON:** contributes to normal cognitive function, normal energy metabolism, normal red blood cells and hemoglobin formation, normal immune system function, reduction of tiredness and fatigue.

**VITAMIN B1, PP:** contributes to normal energy metabolism, normal functioning of the nervous system and normal psychological function.

**VITAMIN E:** contributes to the protection of cells from oxidative stress.

**VITAMIN C:** increases the absorption of iron; contributes to the normal function of the immune system, to the normal functioning of the nervous system, to the reduction of tiredness and fatigue, to the protection of cells from oxidative stress.

**VITAMIN D:** contributes to maintaining the normal function of the immune system and to the maintenance of normal bones and teeth.

**VITAMIN H:** contributes to normal energy metabolism, normal functioning of the nervous system and normal psychological function.

**VITAMIN B12:** contributes to normal energy metabolism, normal functioning of the nervous system, normal psychological function, normal function of the immune system and the reduction of tiredness and fatigue.

**ZINC:** contributes to normal cognitive function, normal protein synthesis, normal function of the immune system and the protection of cells from oxidative stress.

**MAGNESIUM:** contributes to the reduction of tiredness and fatigue, electrolytic balance, normal energy metabolism, normal functioning of the nervous system, normal muscle function, normal proteins synthesis, normal psychological function and the maintenance of normal bones and teeth.

**IODINE:** contributes to normal cognitive function, normal energy metabolism and normal functioning of the nervous system.

**SELENIUM:** contributes to the normal function of the immune system and to the protection of cells from oxidative stress.

**Directions:** It is recommend to take 1 sachet per day to be dissolved in a glass of water (150ml) at room temperature.

Mean Contents	Per daily dose (1 sachet)	% NRVs
Vitamin B1	1 mg	91%
Vitamin PP	10 mg	63%
Vitamin E	12 mg	100%
Vitamin C	60 mg	75%
Vitamin D	25 mcg	500%
Vitamin H	25 mcg	50%
Vitamin B12	2 mcg	80%
L-carnitine	200 mg	
L-arginine	500 mg	
Pantothenic Acid	4 mg	67%
Eleutherococcu root dry extracts	30 mg	
Coenzyme Q10	10 mg	
Royal Jelly	200 mg	
Iron	10 mg	71%
Zinc	2 mg	20%
Magnesium	100 mg	27%
Selenium	15 mcg	27%
Iodine	30 mcg	20%
Tocotrienols	1,2 mg	

%NRVs = Nutrient Reference Values

**Contains:**

**SiderAL<sup>®</sup> r.m.** **UltraMag<sup>®</sup> r.m.**

**JUNIAPHARMA**

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Rev. 1 of 07.22